

**PLEASE READ CAREFULLY**

**If these instructions are not followed, your surgery may be delayed or cancelled**

- If you are having **intravenous anesthesia (IV SEDATION)**, do not eat or drink anything (including water) for **eight (8) hours** prior to your scheduled surgery.
- If you are only having **nitrous oxide sedation (laughing gas)**, do not eat or drink anything for **(2) hours for adults and (4) hours for children under 14 years of age**, prior to your scheduled surgery.
- **Do not use any recreational drugs** (including marijuana) for **at least 2 weeks** prior to having oral surgery. Marijuana will stay in your system for up to 2 weeks and can make local freezing less effective and intravenous anesthesia risky to administer. Withholding this information can result in adverse reactions during your surgery.
- If you are having IV sedation, you will not be able to drive home or take an uber on your own. A responsible English-speaking adult, 19 years or older, must accompany the patient to the office to review home-care instructions, drive the patient home and stay with them for at least 5 hours until they have fully recovered from the effects of anesthesia.
- Please wear loose fitting clothing with short sleeves. Contact lenses, jewelry, excessive make-up including nail polish and dentures must be removed prior to surgery.
- If you have an illness such as a cold, sore throat or stomach upset please notify the office at least 2 days prior to your appointment.
- Take all your regular medications at their usual time with a small sip of water, unless told otherwise by our clinic.
- Patients must not drive a vehicle, operate heavy machinery, take recreational drugs (marijuana) or consume alcohol for a minimum of 24 hours following anesthesia or longer if drowsiness persists.
- Report any changes to your health or medications list prior to your scheduled day of surgery.
- Birth control pill can be continued but be aware that it may not be 100% effective in the week following your surgery due to interactions with other prescribed medications. Consult your pharmacist.

**YOUR APPOINTMENT TIME IS RESERVED SPECIFICALLY FOR YOU AND THE TREATMENT YOU REQUIRE. SHOULD YOU NEED TO POSTPONE YOUR TREATMENT, PLEASE INFORM US AT LEAST 1 WEEK PRIOR – LATE NOTICE CANCELLATIONS, MAY INCUR A PENALTY FEE.**