

PLEASE READ CAREFULLY

If these instructions are not followed, your surgery may be delayed or cancelled

- If you are having intravenous anesthesia (**IV SEDATION**), you may not have anything to eat or drink (including water) for **eight (8) hours** prior to your surgery
- If you are only having mild sedation (**LAUGHING GAS alone**), you may not have anything to eat or drink (including water) for **four (4) hours** prior to your surgery
- **Do not** use any recreational drugs (including marijuana) for at least **2 weeks** prior to having oral surgery. Marijuana will stay in your system for up to 2 weeks and can make local freezing less effective and intravenous anesthesia riskier. Withholding this information can result in adverse reactions during your surgery
- If you are having IV sedation, you will not be able to drive home or take an uber on your own. A responsible English-speaking adult, 19 years or older, must accompany the patient to the office to review home-care instructions, drive the patient home and stay with them for at least **5 hours** until they have fully recovered from the effects of anesthesia
- Bring your OHIP healthcard and insurance information
- Please wear loose fitting clothing with short sleeves. Contact lenses, jewelry, excessive make-up including nail polish and dentures must be removed prior to surgery
- If you have an illness such as a cold, sore throat or stomach upset please notify the office at least **2 days** prior to your appointment
- Take all your regular medications at their usual time with a small sip of water, unless told otherwise by our clinic
- Patients must not drive a vehicle, operate heavy machinery, take recreational drugs (marijuana) or consume alcohol for a minimum of 24 hours following anesthesia or longer if drowsiness persists
- Report any changes to your health or medications list prior to your scheduled day of surgery
- Birth control pill can be continued but be aware that it may not be 100% effective in the week following your surgery due to interactions with other prescribed medications. Consult your pharmacist

YOUR APPOINTMENT TIME IS RESERVED SPECIFICALLY FOR YOU AND THE TREATMENT YOU REQUIRE. SHOULD YOU NEED TO POSTPONE YOUR TREATMENT, PLEASE INFORM US AS SOON AS POSSIBLE – AT LEAST 2 BUSINESS DAYS IN ADVANCE – IN ORDER THAT WE MAY USE THAT TIME TO ACCOMMODATE ANOTHER PATIENT.